# KIA ORA/THANKS FOR HELPING WITH THE EXCURSION

Thanks to all parents/whanau that assisted with the recent excursion for the 4year olds to Classic Flyers. We really appreciated all the support that we had, and thank you all for making it such an enjoyable day!

Live every moment Lave beyond words Laugh Laugh "Going through things
you never thought
you'd go through,
will only take you places
you'd never thought
you'd get to."

-Morgan Harper Nichols

## A NOTE FROM SHARON:

Dear Shalom whanau, we have such a wonderful community of kaiako, whanau and tamariki at Shalom each week. I so enjoy seeing parents supporting each other through tough times and that you are open and honest with us as you journey through the varied roads of life. Lately our nation has been through tough times that have impacted families, friends and work places. Lots of decisions have been made and will keep impacting our lives. Please know we are here for you and Shalom will always be a place that you are welcome.

We are currently working our way through information and making decisions at Shalom too. We appreciate your patience and support for us as a team.

As the information currently stands, Shalom is in a great place to continue to serve our community, our Shalom whanau and kaimahi. (staff) in to 2022. For further information please see the insert in this newsletter.



Blessings from the Shalom team: Sharon V, Sharyn W, Angela, Sharron C, Cherie, Anisa, Vanessa P, Heather, Mig, and Raewyn.



## **Shalom Kindergarten Newsletter**

## Whiringa-ā-rangi/November 2021

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## Dear Parents/whānau/caregivers,

Wow, we are nearly at the end of the year and it seems to have flown by. It has been exciting to welcome new whānau/families to our Shalom whānau/family, yet sad to say goodbye to those that have gone to school, or moved away. Change can be challenging, but if we support each other through change, we can all be stronger together.

There has been lots happening for all of us over this year, and as we look toward Christmas, we need to remember to keep things simple and remember the important things. So be encouraged to take time to think about what is important to you for the Christmas season, and remember not to put pressure on yourself.

Maybe we could challenge ourselves this Christmas season to keep things simple, and maybe we might have the best time we have ever had.

KEEP IT SIMPLE
KEEP IT HONEST
KEEP IT YOU

Simplicity is the ultimate sophistication.

- Leonardo da Vinci

KEEP IT SIMPLE,
BUT SIGNIFICANT.

## **CARPARK DIRECTION**

Please remember to follow the direction of the arrows in the carpark and refrain from crossing the yellow line on your way into the carpark - you should only be crossing this yellow line on your way out of the carpark.

Thanks for your help to minimise any accidents between vehicles, or involving our tamariki/children

## **Calendar Dates:**

## Term 4:

Last day 2021

Thursday 23rd December/Hakihea

#### **START DATE 2021**

Monday 24th January / Kohitātea 2022

We will put out a request early in December for you to let us know what days your tamaiti/child will attend in the last week of this year, and what day they will start again in 2022.

## **UPCOMING EVENTS 2021**

#### **FATHERS NIGHT**

Monday November 8th at Shalom 5:30-7pm
If you have not received a notice regarding this please korero/talk to one of the kaiako/teachers

#### **SHALOM CHRISTMAS**

This is a night to bring a meal for your whanau/family, relax and enjoy each others company, as well as see the tamariki/children perform a few items for you all.

Date: THURSDAY 9th Hakihea / December
Time: 5:00pm start - eating our meal first
Location: Shalom Kindergarten

## **UPCOMING EVENTS 2022**

SHALOM FAMILY PICNIC - Friday 25th Hui-tanguru / February 2022
FATHER'S NIGHT - Monday 28th Poutū-te-rangi / March 2022
More details will be given to you closer to these events.

## SOME OF INTERESTS AT SHALOM THIS TERM

Letters and Literacy have been a focus, and oral language is a key part of learning for tamariki/children. So, you may have heard your tamaiti/child singing some nursery rhymes - this is because we have been singing them at kindy as we know that it is a great way to support the oral language development for your tamariki/children. Maybe you could let us know which ones you sing with your tamaiti/child at home.

**Forces** have also been a key interest. We have talked a little about gravity; motion - push and pull; inertia and centrifugal force. And we will continue on with this learning, and also add information about simple machines - wedge, screw, inclined plane, lever, pulley, wheel and axle.



## **Things to Remember:**

**Sunblock** - please put sunblock on your tamaiti/child before they arrive at Shalom. We will put more on them ready for the afternoon session.

**Hats** - a sunhat is important to further protect your tamaiti from the summer sun.

**Shoes** - shoes are needed throughout the warmer months, as the matting gets very hot. And they also need them if they participate in carpentry.

**Drink bottle** - we encourage the tamariki/children to be drinking well throughout the day.

PLEASE NAME ALL ITEMS THAT BELONG TO YOUR
TAMAITI/CHILD - THANK YOU

## RAISING OUR TAMARIKI

How do we raise our tamariki/children in the current stress filled times that we live in?

The impact of any form of stress (e.g. a pet passing away, or a whānau/family member unwell; siblings leaving home, a new addition to the whānau/family, or another family member or members coming to stay; a friend going to school or changing centres; etc), - and Covid as well-reaches further than we imagine, and we need to be aware of the stress that our tamariki/children may be feeling too.

## So how do we manage them through any stressful times?

- we learn to **relax** take a breath; enjoy the world around us (e.g.hug a tree, lay down in the grass); do something we enjoy; make time for ourselves to be refreshed.
- we **talk** with a trusted friend, family member, or counsellor sometimes simply talking about things can be the best remedy. As the old adage goes "a problem shared is a problem halved".
  - we **spend time together** with our whānau/family, and friends making the most of every moment to enjoy each other. Have fun and make time to laugh.

And, if we learn to manage ourselves, we are in a better place to teach our tamariki/children how to do all of these things too. So keep looking after yourselves and each other.

#### PROFESSIONAL DEVELOPMENT 2021

After having the Ministry of Education (MOE) involved with Shalom, from the end of last year to about June this year, we have also appreciated the extra ongoing support that they have given us, through Jo from InterLEAD. She has been instrumental in assisting us with our professional practice, systems and processes - both challenging and encouraging us. And even though when the MOE were first on our doorstep it felt like a few dark clouds were hanging over our heads, now we can look back and truly see the 'silver lining' that has come with all the support.



So thanks again to all who prayed for us during this time.

## **KIA ORA / THANKS**

Thanks to all those that have recommended Shalom Kindergarten to their friends and whānau/family. We really appreciate the way that you support the Shalom community in this way, and word of mouth is one of the best forms of advertising. Kia ora - thanks

## HELPING US ALL LEARN A LITTLE TE REO MAORI

The following are some phrases that we can learn and use
Kia tūpato - be careful
Kua mutu koe? - are you finished?
E kai - eat up
Whakapai tamariki - tidy up children
Kia ngāwari o ringa - gentle hands



You can utilise the Maori dictionary to assist you with pronunciation. http://maoridictionary.co.nz

